



character

a 52-week series about amplifying your
management & leadership skillset

create

Reflection

Overview

If there was one thing I would share about management & leadership...

It would be about the importance of **reflection**. Think back over the course of the last year, what stands out? Are you thinking of your successes or failures? The moments when you led or the ones you had to manage? Are they the new beginnings or old habits on display? Do they make up your benchmarks, milestones and “aha’s”?

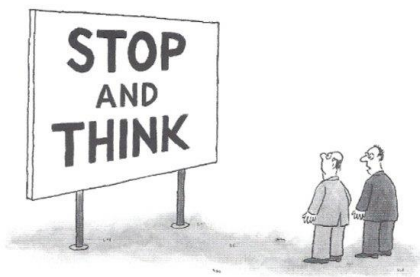
*“We do not learn from experience...
we learn from reflecting on experience.”*

John Dewey

For the week...

- **Reflect:** Literally. Take an hour or two out of your day, grab a coffee and think about the year. Note each month and something from it that had an impact in your leadership – situation, person, place, thing – and highlight details.
- **Act:** You decide. Take what matters out of the reflection. Make a ‘To Do’ List.
- And if it helps, create leadership categories or characteristics, rate your ability to live up to these important behaviors. For extra input, involve your team and get their perspective about the year-at-a-glance and have them share how they see you.

Let’s be real, **abandon all hope for a better yesterday**. One of the biggest tripping points for not just leaders, really all of us at different times, is being caught up in the vicious cycle of trying to re-do or re-make something that has past. Yes, don’t lose the lesson. You have to move on. Accept, acknowledge and move on. Embrace and walk forward. Learn and grow into the possibility ahead. Reflect, learn and live onward.



To learn more about this series, contact Kurt Reinhart.
kreinhardt@createtc.com / (970) 631-2126