



character

a 52-week series about amplifying your
management & leadership skillset

create

Sense of Humor

Overview

If there was one thing I would share about management & leadership...

It would be about the importance of a **sense of humor**. It's not about telling a joke. Sometimes, it is about taking a joke. This skill in our leadership allows us engage with our team in a way that allows for guards to be let down, attitudes to be in check and our connection with each other to be one of joy and even laughter. Smile versus frown.

*“Common sense and a sense of humor are the same thing,
moving at different speeds.
A sense of humor is just common sense, dancing.”*

William James

For the week...

- **Reflect:** Consider your style of humor. It is slap-stick, dry, movie-line driven, mimicry or just plain old goofy. Whichever it may be...be that. Be authentic.
- **Act:** At a minimum, learn to smile a lot more. Work up to giggling. Then laughing, and then laughing out loud. Find humor and then share it.
- And know that while the style and delivery may vary from person to person, at the heart will always be belief and confidence.

Let's be real, **there are and will be times that a sense of humor is not welcome**. Pick your moments carefully. Inappropriate-ness can come fast...be vigilant about the care and respect you place in others first before you spring into your sense of humor.



To learn more about this series, contact Kurt Reinhart.
kreinhardt@createtc.com / (970) 631-2126