



character

a 52-week series about amplifying your
management & leadership skillset

create

Trust

Overview

If there was one thing I would share about management & leadership...

It would be about **trust**. If I asked your team as to how much they trust your management and leadership, what would they say? It depends...are you building it, maintaining it, or rebuilding it?

*“Trust is like love.
Both parties have to feel it before it really exists.”*

Simon Sinek

For the week...

- **Reflect:** Make a list of the things you feel contribute to fostering a trust environment with your team. Use two columns: *What is current?* and *What is needed?*
- **Act:** Be consistent, Communicate openly, Live with integrity, Collaborate humbly and Demonstrate concern.
- And remember, there is trust in others and trust in self. Can you really give trust to others if you have difficulty having trust in your own skills, mindset and motivations?

Let's be real, **is trust given or earned?** What if we look at this in a very simple way? Trust is established when it is given, and trust is given when it is demonstrated. Just like love, to trust is to lean into vulnerability, wholeheartedness and humility.



To learn more about this series, contact Kurt Reinhart.
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