



# character

a 52-week series about amplifying your  
management & leadership skillset

create

# Consistency

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## Overview

If there was one thing I would share about management & leadership...

It would be about **consistency**. We need this, we crave this. Physically, emotionally, and spiritually. As managers and leaders we strive for those things that have an impact and develop the disciplines to make them happen.

*“Small disciplines repeated with consistency every day lead to great achievements gained slowly over time.”*

*John C. Maxwell*

### For the week...

- **Reflect:** Make a list of all the things you ‘cannot not do’. Create a column for the day, week and month. Consider those things you must consistently do within each.
- **Act:** For one month, using your list, align what you get in any given day with what you need to do in that same space. Make notes and then create your consistency plan.
- And embrace the discipline that must fuel doing whatever it is each and every day.

Let’s be real, **consistency does not mean perfection**. It does not mean uniformity, It does not guarantee certainty or comfort. It does not mean giving up personality, originality and innovation. It does mean identifying what is important and staying true to it in all things, at all times and with all people.



To learn more about this series, contact Kurt Reinhart.  
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